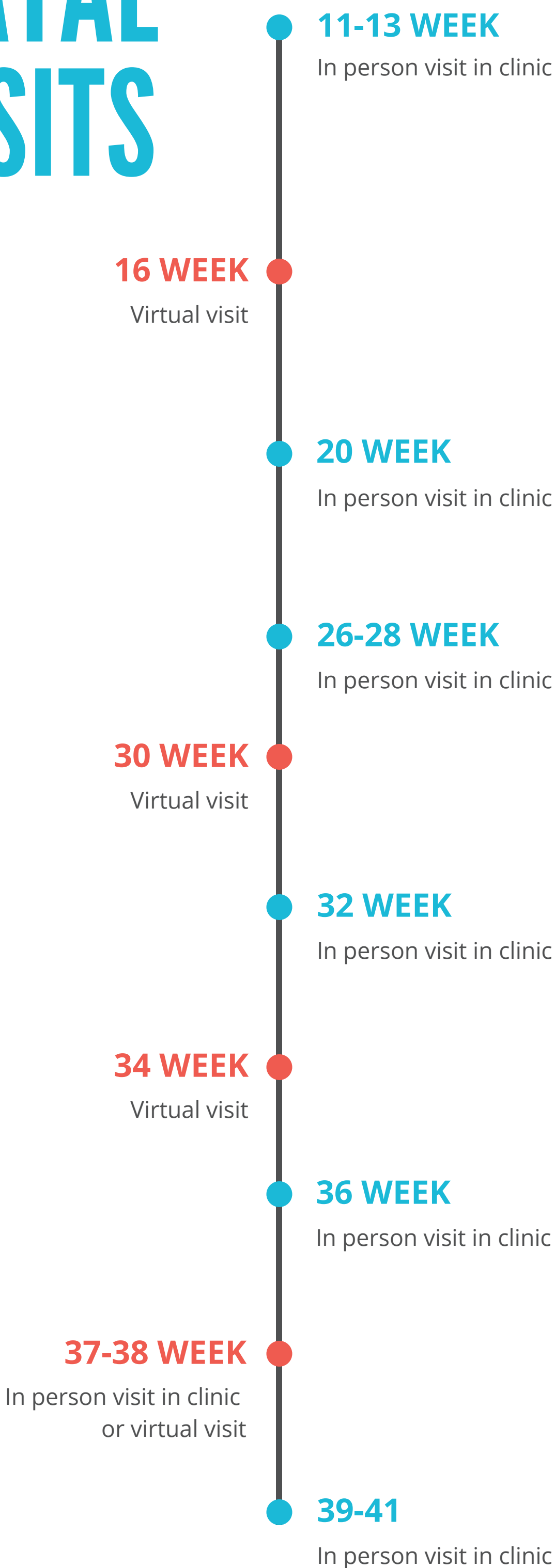


PRE-NATAL VISITS

Recommended Schedule
to minimize your exposure to COVID-19

Please discuss with your doctor



If you can, please measure your
Weight and **Blood Pressure**
before each virtual visit



Toronto Western
Family Health Team
*Garrison Creek
Bathurst*