

Foot Care and Chiropody Clinics covered by OHIP:

Name of program: Black Creek Community Health Centre

Catchment: Area bounded by Jane, Wilson, Keele, Fallstaff

Contact Information: Tel: (416) 249-8000

Service Description: Chiropody Services for people who are at risk for diabetes, vascular diseases and mobility issues. **Currently, the chiropodist following DM patients is accepting external referrals, but the chiropodist following non-diabetic patients is closed to external referrals.**

Link to Resource: <http://www.bcchc.com/programs-services/clinical-services/>

Name of program: Central Toronto Community Health Centre/Queen West Community Health Centre

Catchment area: Dovercourt, College Street, University Ave./York Street.

Service Eligibility: Seniors and individuals with diabetes who live in the catchment, Homeless or under-housed. **Currently closed to referrals.**

Contact Information: Tel: 416-703-8482 ext. 100

Service Description: Chiropody Services: ingrown nails, fungal nails, calluses, warts, diabetic ulcers, skin conditions, soft tissue surgeries.

Link to Resource: <http://ctchc.org/programs-services/health-dental/chiropody-foot-care/>

Name of program: Fairview Community Health

Catchment: South of Steeles Ave., West of Victoria Park Ave., North of Lawrence Ave., East of Bayview Ave.

Contact Information: Tel: (416) 640-5298

Fax: (416) 642-2238

Service Description: The services provided focus on:

prevention: education and screening of high risk clients and children

palliation: assisted care of non-curable soft tissue ailments, such as corns, calluses, nail care

curative: office-based nail and soft tissue surgery, steroid injections, sports related injury, custom made devices and braces, prescribing medications, management and prevention in disease and disorders of the foot.

Priority is given to those living in their catchment area that have:

visual impairments, diabetes, ulcers, physical disabilities, mental health concerns, children, youth, and seniors over 75 years of age with debilitating foot pathologies, persons who are homeless and do not have insurance to cover foot care.

Link to Resource: <https://www.fhc-chc.com/chiroprody>

Name of program: Flemington Health Centre

Catchment: South of Lawrence Ave., West of Victoria Park Ave., North of O'Connor Drive, East of

Contact Information: Tel: (416) 429-4991

Fax: (416) 422-3573

Service Description: The services provided focus on:

prevention: education and screening of high risk clients and children

palliation: assisted care of non-curable soft tissue ailments, such as corns, calluses, nail care

curative: office-based nail and soft tissue surgery, steroid injections, sports related injury, custom made devices and braces, prescribing medications, management and prevention in disease and disorders of the foot.

Priority is given to those living in their catchment area that have:

visual impairments, diabetes, ulcers, physical disabilities, mental health concerns, children, youth, and seniors over 75 years of age with debilitating foot pathologies, persons who are homeless and do not have insurance to cover foot care.

Link to Resource: <https://www.fhc-chc.com/chiroprody>

Name of program: East End Community Health Centre

Catchment: Western boundary: Greenwood Avenue (south of Danforth Ave) and Coxwell Avenue (north of Danforth Ave) Eastern boundary: Victoria Park Avenue Northern boundary: O'Connor Drive to St. Clair Ave Southern boundary: Lake Ontario.

Contact Information: Tel: (416) 778-5858

Fax: (416) 778-5855

Service Description: The chiroprodists provide foot care services primarily to seniors and people with diabetes. They also give advice to both adults and children on how to keep their feet healthy. **Currently closed to external referrals.**

Link to Resource: <http://eastendchc.on.ca/services>

Name of program: Four Villages Community Health Centre (Two Sites):

Bloor Site:

1700 Bloor Street West,
Toronto, ON M6P 4C3

Catchment: M6N (South of St. Clair), M6P, M6S, M6R (West of Roncesvalles). South of St. Clair Ave (CP Rail Tracks, North of Lake Ontario, West of Dundas St. (Dundas/Roncesvalles), East of the Humber River.

Contact Information: Tel: (416) 604-3361

Fax: (416) 604-3367

Dundas Site:

3446 Dundas Street West,
Toronto, ON M6S 2S1

Catchment: M6N (South of St. Clair), M6P, M6S, M6R (West of Roncesvalles). South of St. Clair Ave (CP Rail Tracks, North of Lake Ontario, West of Dundas St. (Dundas/Roncesvalles), East of the Humber River.

Contact Information: Tel: (416) 604-3362

Fax: (416) 604-3365

Service Description: Chiropodists and Foot Care Nurse Specialist: The chiropodists and the foot care nurse specialist focus on foot maintenance and encourage on-going mobility. Treatments such as removal of corns, calluses, warts, fungal nails, ingrown toenails and rehabilitation of foot injuries are carried out. Shoe modifications and custom orthotics are prescribed for clients.

Link to Resource: <http://www.4villageschc.ca/about-us/our-team/>

Name of program: Regent Park Community Health Centre

Catchment area: Insured: South of Gerrard, north of King, west of Don River, east of Sherbourne

Non-insured: South of Bloor, north of Lake Ontario, west of Don River, east of Yonge Street

Contact Information: Tel: 416-203-4505

Fax: 416-364-0822

Service Description: The chiropody (foot) clinic provides assessments and treatment including soft tissue surgeries for a variety of foot problems such as ingrown or troubled toe nails, warts, diabetic ulcers and other skin infections.

Link to Resource: <http://www.regentparkchc.org/health-services/chiropody-foot-care>

Name of program: Rexdale community Health Centre

Catchment: Postal Code: M9V, M9W, M9P, M9R

Contact Information: Tel: (416)744-6312

Service Description: provide routine procedures such as cutting toenails, ingrown or not, removing corns and calluses, and perform surgical removal of nails, warts or foreign bodies in the foot. Also offer orthopedic shoes and custom made orthotics (fees charged), computer gait analysis, ultrasound and paraffin therapy compression stockings.

Link to Resource: <http://www.rexdalechc.com/health-care-services/chiropody>

Name of program: Scarborough Centre For Healthy Communities

Catchment: South of Steeles, North of the Lake, East of Victoria Park Ave., West of York Regional Rd 30
To be referred the patient must be a diabetic or a pre-diabetic, live within the Scarborough area and not have any addition extended benefits in order to qualify for OHIP covered foot care services at one of the three Scarborough Health centre locations.

Contact Information: Tel: (416)-847-4160

Fax: 1-866-574-5772

Service Description: Provide foot care services for those part of the Diabetes Program.

Link to Resource: <https://www.schcontario.ca/diabetes-program.html>

Link to Referral Form:

https://www.schcontario.ca/uploads/8/3/7/1/83718020/diabetes_referral_form_may_2013_fillable_updated.pdf

Name of program: Stonegate Community Health Centre

Catchment: South of Eglinton Ave. , North of the Gardiner Exp., East of Humber River, West of Kipling Ave.
Postal codes: M8Y, M8W, M8Z.

Contact Information: Tel: 416-231-7070

Service Description: Their Chiropody services are provided to seniors, people with disabilities, adults and children who have underlying medical conditions such as diabetes, dermatological problems or other foot care needs. Their Registered Chiropodist provides complete foot care and treatment services, including ulcer care, on-going nail care, corn removal, callus reduction, orthotics (charges may apply), and advice on buying and fitting shoes. The Chiropodist also supports good foot health through individual counselling and community education workshops. The patient self-refers by going to the Stonegate Community Health Centre and filling in an intake form requesting Foot care services. Following this, an intake appointment is scheduled with a social worker and the patient is placed on the waiting list for foot care services by the SW. This process takes around 3 weeks to 1 month.

Link to Resource:

<http://www.stonegatechc.org/programs-services/health-services/medical.html#Chiropody>

Name of program: Unison Health and Community Services (4 Sites):

Unison Health and Community Services

Lawrence Heights Site (12 Flemington Road) **Catchment: M6A or M6B**

Contact Information: Tel: (416) 787-1661

Fax: (416)787-3761

Unison Health and Community Services

Keele-Rogers Site (1651 Keele Street) **Catchment: M6E or M6C**

Contact Information: Tel: (416) 653-5400

Fax: (416) 657-3622

Unison Health and Community Services

Bathurst-Finch Site (540 Finch Ave. West) **Catchment: M2R, M3J, M3H, M3K**

Contact Information: Tel: (647) 436-0385

Fax: (416) 645-0215

Unison Health and Community Services

Jane-Trethewey Site (1541 Jane St.) **Catchment: M9N, M6L, M6N, M6S**

Contact Information: Tel: (416) 645-7575

Fax: (416) 645-7570

Service Description: provides treatment, foot care, education and referrals for seniors, people with disabilities, adults and children who have underlying medical disorders, dermatological problems or other foot care needs. **All Unison Health locations, an intake procedure appointment with a case worker is done with the patient on a day prior to the chiropody appointment for assessment. There is a dedicated referral form "Chiropody Referral Form for External Provider", which needs to be filled in a faxed to the appropriate site based on the patient's catchment.

Services include:

- Palliative foot care for disabled and the elderly
- Foot management for people with underlying medical disorders
- Treatment of dermatological conditions and painful lesions
- Education on foot health
- Referrals to other medical professions

Link to Resource: <http://unisonhcs.org/locations-maps/lawrence-heights/>

Name of program: Anishnawbe Health Centre

Serving the First Nation community.

Contact Information: Tel: (416) 360-0486

Service Description: Chiropody services include diabetic foot care, arthritic foot care, HIV foot care, heel pain assessment and intervention, sports-related injury management, orthotics (custom insoles) and wound care management.

Link to Resource: <https://www.aht.ca/services-and-programs/services-offered>

Name of program: Michener Institute Student Chiropody Clinic

Contact Information: Tel: (416) 596-3108

Fax: (416) 596-3183

Service Description: Offer general and preventative foot care for a wide range of foot conditions. The clinic treats at all the levels of the foot, from surface skin infections to bone and joint pain. The first visit (about 1.5 hrs. in length) will include a full history and foot exam which will allow their Chiropractic team to develop a comprehensive management plan to meet the patient's foot care needs. The second appointment is the treatment appointment. Chiropractic students perform the foot care services under the supervision of a registered chiropractor. The clinic requires the patients contact information, medical history and foot condition description.

Link to Resource: <http://michener.ca/discover-michener/chiropractic-clinic/>

Name of program: Women's Health in Women's Hands Community Health Centre

Eligibility criteria, as per their website: "Women's Health In Women's Hands Community Health Centre is committed to providing holistic health services to racialized women in the GTA."

Contact Information: Tel: Clinical Services: 416-593-7655, Ext. 7 Clinical Services Fax: 416-848-6265

Service Description: Chiropractic services

Link to Resource: <https://www.whiwh.com/primary-health-care>

Name of program: St. Joseph's Health Centre – Ambulatory Care Clinic Chiropractic Clinic

Contact Information: Tel: (416) 530-6043

Fax: (416) 530-6050

Service Description: The chiropractic services focus on the diagnosis, treatment and prevention of acute disorders of the foot to patients at a high-risk for ulcerations, infections and amputations. This Chiropractic clinic does not provide routine foot care (e.g. nail care and callus care).

Link to Resource: <http://stjoestoronto.ca/areas-of-care/outpatient-clinics/>

Name of program: Yonge Street Mission

Contact Information: Tel: (416) 977-7259

Service Description: RN provides basic foot care, Tuesdays 1pm-4pm. **For youths up to age 25**

Link to Resource: <https://www.ysm.ca/>
